

# A GUIDE TO THE FRUIT OF THE SPIRIT

## **GENTLENESS**

When we speak gently toward one another it gives life.

## **SELF CONTROL**

To be in control of one's thoughts and actions.

## **LOVE**

First, we are called to love God. Second we are called to love each other.

## **FAITHFULNESS**

God will never leave us or forsake us. As God is faithful, so we too must be faithful.

## **WHAT IS THE FRUIT OF THE SPIRIT?**

The fruit of the Spirit is the evidence of the Holy Spirit at work in our lives.

"I am the vine; you are the branches. He who abides in Me, and I in him, bears much fruit; for without Me you can do nothing." - John 15:5

## **JOY**

Our joy comes from God.

## **GOODNESS**

We should seek to bless others, care for them, and bring good things into their lives.

## **PEACE**

Peace is the calm that comes from knowing God.

## **KINDNESS**

God saved us out of His kindness. This is why we are called to be kind.

## **PATIENCE**

The more we grow in patience, the more we are like God, who is always patient with us.



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